



# Canoe Brook Connections

## Upcoming Events, Activities, Trips

### February 2012



|         |              |                 |                            |
|---------|--------------|-----------------|----------------------------|
| Wendy   | 203-315-0687 | Front Office    | wventura@branford-ct.gov   |
| Gina    | 203-315-0681 | Transportation  | gvigliotto@branford-ct.gov |
| Nancy   | 203-315-0684 | Activities      | ncohen@branford-ct.gov     |
| Marlowe | 203-315-0682 | Social Services | mioime@branford-ct.gov     |
| Dagmar  | 203-315-0683 | Director        | dridgway@branford-ct.gov   |
| Maureen | 203-315-0685 | Kitchen         | mhall@branford-ct.gov      |

**The Center will be closed: Monday, February 20 for Presidents' Day**

### February at a glance...

Opportunities abound daily for fitness, learning, interacting, and having fun! Check out these special events...

- ◆ Knit Fingerless Gloves 2/2
- ◆ Staying Sharp/Go Red Women 2/3
- ◆ Internet Basics 2/7
- ◆ Trip: Christmas Tree Shop 2/9
- ◆ Knit Fingerless Gloves 2/9
- ◆ Staying Sharp 2/10
- ◆ Lunch and a Movie 2/10
- ◆ Movie: "Lilies of the Field" 2/13
- ◆ S.A.L.T. Council Meeting 2/14
- ◆ Movie: "Stormy Weather" 2/14
- ◆ Trip: Chamber Music 2/15
- ◆ Hot Topics/Email Basics 2/15
- ◆ Knit a Ruffle Scarf 2/16
- ◆ Email Basics 2/16
- ◆ Book Club *Nickel and Dimed* 2/21
- ◆ Trip: Wadsworth Athenium 2/22
- ◆ Trip: Walmart/Branford 2/23
- ◆ Knit a Ruffle Scarf 2/23
- ◆ Lunch & Encore Entertainers 2/24
- ◆ BMT Fundraiser Meeting 2/27
- ◆ Newcomers Breakfast 2/28
- ◆ "Cabin in the Sky"/USB flash 2/28
- ◆ Leap Day Karaoke Luncheon 2/29

**Bad Weather Policies:** Generally, if the schools are closed activities, lunch, and transportation at Canoe Brook are cancelled (staff still reports). Cancellations are reported on our website, Channel 8 and our Facebook page. For your critical transportation needs you should have a back up plan in the event bad weather mandates we pull our vehicles off the road and we are unable to safely transport you. For your safety we require that the path from your home to our vehicle is clear from snow and ice Contact Gina at 203-315-0681 for a brochure detailing our transportation policies.

**Save the Date: Wednesday April 25 \*\*Pasta Tasting Fund Raiser\*\*** to benefit Branford Medical Transportation.

**Canoe Brook Café:** Fridays are back! We are now serving a hot meal at 11:45 a.m., Monday-Friday. Menus are posted at the Center and on our website. A donation of \$2 is requested at time of reservation. FSW who manages the meal program, has restored the 5th day of meals on a month-to-month basis subject to budgetary constraints.

**Tax Assistance:** AARP - VITA program provides assistance to anyone with a *very simple* return. Host sites include: **East Haven Library** 203-468-3890, **Guilford Free Library** 203-453-8086, **Madison Depot** 203-245-5627. All sites require appointments be made in advance. Transportation is available to Seniors who no longer drive, contact Gina to schedule a ride. For IRS Free File Tax Returns go to [www.irs.gov/freefile](http://www.irs.gov/freefile), and click the FreeFile link. H & R Block on Main St will do a Federal 1040 EZee for free through 2/29 call them at 203-481-3889 for more info.

**Energy Assistance:** Finally some good news — the Federal government has increased the amount of money available to help CT residents with their winter heating bills. This means eligible families will see an increase in their award and deadlines to apply have been extended to May 1. Contact Marlowe for detailed info or an appointment.

**There is no snow or cold in the Caribbean!** Four seats are still available on our winter escape 3/2-3/10. We fly to Ft. Lauderdale on JetBlue, then we are off on Holland America's Eurodam with stops in San Juan, Turks & Caicos, St. Thomas, and HAL's private island Half moon Cay. Price with air & taxes/fees from \$1134 (outside) See Dagmar.

**Branford Elderly Commission:** Meets at 5:00 pm the first Thursday of February, March, May, June, September, October, November & December. Agendas, minutes, and cancellations are posted on the Town's website.

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## Advanced registration required for *all* events

Call Nancy at 203-315-0684 to register.

**TRIAD Tip of the Month: Avoid Travel Scams:** If you are offered a travel deal by email, it's almost always a scam; never give out your credit card number over the phone unless you initiate the call with a reputable phone company; when approached with an offer ask what's not included (service/processing fees and taxes); never dial a 900 number (you should not have to pay for a call); beware of 809, 758 and 664 area codes (you could be charged outrageous fees) and get copies of everything.

**Looking for skeins of yarn and ribbon.** If you would like to donate yarn or ribbon please see Nancy. The ladies are getting ready to make items for the election day fair.

### KNITTERS KORNER

We are preparing early for the next Election Day Craft Fair set for November 6th. Learn how to knit something new, donate it to the fair (yarn supplied by us) and you leave from the Center with the knowledge on how to make it on your own at home! We knit from 10:00 - 11:30 a.m. on Thursdays. We thank you in advance for your help!

**"Fingerless" Gloves** - Make a pair in two classes! Bring along size 13 needles. Class meets on February 2 and 9.

**Ruffle Scarf** - Make a scarf in two classes! Bring size 9 needles. Class meets on February 16 and 23.

- Fri Feb 3 Staying Sharp** - "Its Mind Boggling!" Get smart and stay smart by doing mind exercises with Nancy! Find out how you can do better, revisit skills, use of linking & unrelated words. **9:00 - 10:00 a.m.**
- Fri Feb 3 Go Red For Women! Healthy Heart ~ Living a Healthy Lifestyle** - Show your support by wearing red. Heart Disease is the #1 killer of women. Attend this lecture by the VNA to learn about preventative measures that you can take before it's too late! **11:00 a.m.**
- Thu Feb 9 Christmas Tree Shop/Orange** - Reservations with payment must be made in advance with Wendy or Nancy. **Price: \$2 8:30 a.m. - 12:00 p.m.**
- Fri Feb 10 Staying Sharp** - "More Mind Boggling" and memory games! **9:00 - 10:00 a.m.**
- Fri Feb 10 Lunch and a movie** - Enjoy sausage, peppers & potato sautéed with red pepper & onions or 2 stuffed shells with spinach & ricotta cheese in marinara sauce served with two meatballs, garden salad, bread & a cold beverage. Featured film: "Sarah's Key" This film stars Kristin Scott Thomas. Paris, July 1942: Ten year old Sarah is taken with her parents by the French police as they go door to door arresting Jewish families in the middle of the night. To protect her brother she locks him in the secret hiding place . . . Rated PG - 13 Sign-up with payment by Feb 8th. **Price: \$5 12:00 - 2:30 p.m.**

### Black History Month Movies ~ Highlighting African-Americans who have made history in the movies.

See some of the finest performers of the 20th century here at the Center at 12:30 p.m.!

**"Lilies of the Field"** ~ Monday, February 13 ~ Sidney Portier is the first black man to win a Best Actor Oscar. In this film he portrays a wonderful handyman who builds a chapel for a group of nuns. This movie also stars Lilia Skala, Stanley Adams & Dan Frazer.

**"Stormy Weather"** ~ Tuesday, February 14 ~ Why view this film from 1943? You will have the opportunity to watch legendary greats Bill "Bojangles" Robinson, Lena Horne, Ada Brown, Cab Calloway, Katherine Dunham & Fats Waller. This musical is about the relationship between an aspiring dancer and a popular songstress. It provides a retrospective of the great African American entertainers of the early 1900's.

**"The Help"** ~ Thursday, February 23 ~ *The Help* is an inspirational, courageous & empowering story about very different extraordinary women in the 1960s South who built an unlikely friendship about a secret writing project . . . Starring Emma Stone, Viola Davis, Bryce Dallas Howard & Octavia Spencer.

**"Cabin in the Sky"** ~ Tuesday, February 28 ~ This musical film is remembered for its intelligent & witty script starring Lena Horne, Louis Armstrong, Bill Bailey, Duke Ellington, Ethel Waters & Eddie "Rochester" Anderson. The story centers on a good man who is killed after getting led astray from his wife by a seductress. He becomes part of a bet between demons & angels.

## Advanced registration required for *all* events

Call Nancy at 203-315-0684 to register. If you are in need of transportation, let us know at this time.

- Tue Feb 14** S.A.L.T. Council Meeting - All are welcome to help plan future TRIAD programs. **9:30 a.m.**
- Wed Feb 15** Hot Topics - Share your thoughts with your peers on what is going on in the world with moderator Florence West. Contact Nancy if you plan to attend. **1:30 p.m.**
- Fri Feb 17** Play FREE Energy Bingo! - CL & P and Yankee Gas are offering this free bingo. While playing the game you will learn how to save money and also have a chance to win energy saving and safety prizes (a few examples: carbon monoxide monitors, flashlights, nightlights and more!). Lunch will be served on this day, so if you would like to have cheese cannelloni with vegetables and dessert, please make your lunch reservation with Maureen prior to this date. Sign up with Nancy for the bingo. **12:30 p.m.**
- Tue Feb 21** Readers Choice Book Club - "*Nickel & Dime*" by Barbara Ehrenreich. Funny, poignant & passionate, this is a firsthand account of life in low-wage America as the author attempts to make a living while working as a hotel maid, waitress, house cleaner, nursing home aide & Wal-Mart associate. Pick up a copy of the book from Nancy. All are welcome to join in the discussion. **1:30 p.m.**
- Thu Feb 23** Walmart/Branford - Reservations with payment must be made in advance with Wendy or Nancy. **Price: \$2** **8:30 a.m. - 12:00 p.m.**
- Fri Feb 24** Special Lunch with Encore Piano & Entertainment Duo - Welcome back our friend John Kuhner (he has entertained for us many times at the Chowder Pot & Owenego Inn) and his partner Manny Lopes. These talented musicians (John on the keyboard, Manny on the sax, flute, clarinet & vocals) are sure to please you with their upbeat musical program. Start off first with lunch. Enjoy a cup of chicken noodle soup and a choice of a half of ham & Swiss cheese or turkey & Swiss cheese sandwich served with pasta salad and a cold beverage. Sign-up with payment by February 22. **Price: \$8** **12:00 - 1:30 p.m.**
- Mon Feb 27** Planning Meeting for Pasta Fundraiser to Benefit Branford Medical Transportation (BMT) - Many hands help to lighten the load when planning a big event such as the pasta dinner. Be part of a winning team & volunteer! Let Nancy or Gina know if you will be able to attend. **2:00 p.m.**
- Tue Feb 28** Newcomers Continental Breakfast - For those of you who have joined the Center from Nov. 15, 2011 through this month, we invite you to attend this informational continental breakfast to find out first hand about activities & services that are available to you. RSVP to Nancy by Feb 24. **9:00 a.m.**
- Wed Feb 29** Leap Day Karaoke Luncheon - Enjoy a cup of minestrone soup and a half of sandwich (choice of ham & Swiss or tuna & Swiss), served with pasta salad and a cold beverage. After lunch the fun begins with Rod Keith and Jan Cullen who will bring in their equipment and a repertoire of contemporary music. Karaoke is a form of interactive entertainment where you are able to sing along to recorded music while being able to view the words to the song on the TV screen. Sign-up with payment by February 27th. **Price: \$5** **12:00 - 1:30 p.m.**

Interested in learning how to play the ancient Chinese board game Go? - Speak to Nancy.

### Coming in March ....

Special traveling panel exhibit on loan from the Yale Peabody Museum - March 12 - March 23 - *Solving the Puzzle: Lyme Disease, West Nile Virus & You* - This exhibit focuses on Lyme Disease and West Nile Virus as models for exploring the interplay between environmental change, biodiversity and vector-borne disease. The exhibit includes information on the puzzle that comprises the transmission, detection, and treatment of these diseases. More information to come next month.

Fall Free Living Program Presented by the VNA - Wednesday, March 21 - The lecture will be at 10:30 a.m. where participants will fill out a questionnaire and there will be FREE raffle prizes for those in attendance.

Save the date! - Wednesday, March 28th - Back by popular demand! The ever popular monthly dinner parties with a theme from 5-7 p.m. Menu and program will be unveiled next month.

## UPCOMING TRIPS

For transportation to the Center for a trip please notify us when making your reservation and we will gladly make arrangements to pick you up and bring you home. If driving to the Center on your own for a trip, please park in the rear of the lot. Cash or checks (no credit cards), Make checks payable to: **Canoe Brook-Town of Branford**

- Reservations can be made by dropping off your full payment (checks or money orders only) to any staff member.
- Full payment is due to secure your reservation (unless otherwise noted).
- If we receive your reservation and a trip is sold out we will notify you that you have been placed on a waiting list, and payment received will be returned to you.
- People will be seated together on busses and theaters as they indicate on registration form.
- If a guest will be traveling with you please list them as your traveling companion and include their payment (in full) with your registration form.
- **Cancellation policy:** There will be **no refunds** unless there is a waiting list at the time of cancellation.
- **Please note:** For day trips you need to arrive at least 15 minutes prior to departure time.

**UCONN Girls Basketball** - Saturday, February 4 - Depart 4:30 p.m. & return by 10:30 p.m. The girls will play Rutgers at 7:00 p.m. at Gampel Pavilion on campus. Seats are in the bleacher section. Please note: If the trip is cancelled due to inclement weather there will be a \$25 non refundable cancellation fee. **Price: \$48**

**Lunchtime Chamber Music at Morse Recital Hall in Sprague Hall at Yale** - Wed, Feb 15 - Depart 11:45 am, return by 1:45 pm. Bring a lunch. **Price: \$2**

**Buffet lunch at Lincoln Culinary Institute and a docent led tour at the Wadsworth Atheneum in Hartford** - Wednesday, February 22, - Depart 10:30 a.m., return by 4:30 p.m. - Lunch first & then take the highlights tour of the Collection at the Wadsworth. There is also the Amistad Special Exhibit. (Waiting list) **Price: \$40**

**Just added: The musical "February House" at Long Wharf Theater** - Wednesday, March 7 - Depart 1:30 p.m., return by 4:30 p.m. This world premiere musical brings together some of the greatest and most colorful minds of a generation. Limited number of tickets available. Payment due by February 6th. **Price: \$50**

**Luck O' The Irish: A St. Patrick's Day Celebration at La Renaissance in East Windsor** - Thursday, March 15 - Depart 10:30 a.m., return by 4:45 p.m. The day begins with a choice of corned beef & cabbage **or** chicken marsala. Also included: Irish soda bread, potato, vegetable, dessert & coffee/tea. Enjoy entertainment by *Seamus Kennedy*. He has a ready wit & a vast store of songs and is originally from Belfast, Northern Ireland. **Price: \$74**

**Aida, the musical, to be performed by the very talented thespians at Branford High School!** - Thursday, March 22 - Depart 7:00 p.m., return by 10:30 p.m. - Music by Elton John & lyrics by Tim Rice. (waiting list) **Price: \$12**

**The Orchid Show at the New York Botanical Garden, Bronx** - Wednesday, April 4 - Depart 7:30 a.m., Return by 6:00 p.m. Upon arrival take the tram ride through the property. The Orchid Show featuring Patrick Blanc's Vertical Gardens is located in the Haupt Conservatory. Leave at 12:30 p.m. for lunch at Mario's. Menu: salad, penna marinara, with choice of veal parmiagiana, chicken Francese **or** filet sole scampi style, vegetables, wine, coffee & mini pastries. After lunch you have 1.5 hours to shop on Arthur Avenue at a covered Italian Bazaar that brings together all the shopping you need: pastries, butchers, pasta, breads, gourmet delis/coffee, fish. **Price: \$76**

**The Edward Twins are back at the Newport Playhouse in RI!** - Tuesday, April 17 - Depart 9:00 a.m., return by 5:00 p.m. - Enjoy an extensive buffet featuring salads, beef, chicken, fish, vegetables, pasta, potatoes, rolls, fruit, assorted desserts & coffee/tea. Direct from Las Vegas are the Edwards Twins. These brothers are renowned celebrity impersonators who look and sound like the stars they impersonate. They can impersonate up to 100 stars . . . you never know which "stars" may appear! (Price includes buffet & Edwards Twins performance) **Price: \$79**

### **Overnight Trips**

Thanks to all who completed the destination questionnaire; top vote getters in each category -- drum roll please!

**US Getaways:** # 1. Charleston/Savannah 2. New Orleans 3. San Antonio 4. Las Vegas 5. Nashville

**Extended Tours:** # 1. Holland River Cruise 2. Italy 3. Mediterranean 4. Ireland 5. Canadian Rockies

**Regional Trips:** # 1. Montreal/Quebec 2. Cape May 3. Washington D.C. 4. Penn Dutch 5. White Mountain Inn

**Dream Destination:** # 1 Hawaii 2. Australia New Zealand 3. Alaska 4. National Parks

Having your input is *very* helpful as we develop our travel calendars for 2012 & 2013...You said *value* is important; we are working hard to get you where you want to go, at a fair price --we hope to have the full schedule completed in March. Longing to get away soon? Join us on **Caribbean Cruise 3/2-3/10** call Dagmar-4 seats left.

## Course Descriptions

### Internet Basics

**1 session**

It's just a click away! Learn how it works and how to use the internet for research, shopping, banking, news, travel, health, games, sports and so much more! You will learn how to navigate around a website, parts of the homepage, how to use search engines and keywords too. It's time to click on to the information highway!

(pre-requisite: intro to computers)

### Email Basics

**2 sessions**

Learn how to create and use your very own Email account. By the end of this 2 session course you will be able to compose and send an email to your fellow classmates!

(pre-requisite: internet basics)

### USB Flash Drive

**1 session**

What is it and how do I use it? These small, portable, popular and convenient devices are wonderful for storing and transferring information and pictures from computer to computer. Avoid leaving your personal information on a public computer, take it with you when you go on your USB Flash Drive! (Pre-requisite: Intro to computers)

### March Classes

|   |                  |
|---|------------------|
| Windows 7 Photo Management - Laptop Users | 3/6              |
| Introduction to Computers                 | 3/13,14          |
| Word Use - Basics                         | 3/20,22          |
| A New Window - Desktop Users              | 3/29 <b>Free</b> |

### How to use your digital camera

**By Appointment**

Make your appointment for one-on-one help with Charlie. Learn how to use the functions on your digital camera and how to transfer photos from your camera to a computer. Bring your camera, instruction booklet, cable, and all your questions!

**For details and to schedule an appointment contact Wendy (203-315-0687) or [wventura@branford-ct.gov](mailto:wventura@branford-ct.gov)**

## Computer Lab Class Schedule

*Pre-registration required!*

Contact Wendy at 203-315-0687 or stop in to sign up for a class. Must be a member of Canoe Brook, (Branford resident, age 60+). Fees: \$ 5. (per 2-hour session)

\$ 10. (2 sessions)

\$ 15. (3 sessions)

**Note:** All classes now require the use of a USB flash drive. They cost about \$10 and can be purchased at Wal-Mart, Staples, or FedEx Kinko's. Please purchase a 1 or 2 gb USB flash drive prior to your first class.

**Computer lab closes 30 minutes prior to class start time for set-up.**

| <u>Date</u> | <u>Time</u> | <u>Course</u>      | <u>Class Code</u>           |
|-------------|-------------|--------------------|-----------------------------|
| 2/7         | 10am - 12pm | Internet Basics    | C149<br>(2/21 Snow Date)    |
| 2/15,16     | 2pm - 4pm   | Email Basics       | C150<br>(2/23,24 Snow Date) |
| 2/28        | 2pm - 4pm   | USB Flash Drive    | C151<br>(3/6 Snow Date)     |
| 3/6         | 2pm - 4pm   | Photo Windows 7    | C152                        |
| 3/13,14     | 2pm - 4pm   | Into to computers  | C153                        |
| 3/20,22     | 10am -12pm  | Word Use - Basics  | C154                        |
| 3/29        | 2pm - 4pm   | New Window/Desktop | C155<br>(free)              |

**Note:** To accommodate seating for **all** sessions offered ***you must sign up whether or not a fee is required.***

### Computer Maintenance

The computer lab will be closed for routine scheduled maintenance every 1<sup>st</sup> and 3<sup>rd</sup> Friday of each month from 2-3 p.m. Please mark your calendars and schedule your lab-use time accordingly. Thank You!

**Use your USB flash drive!** Our computers are public computers and none of your personal documents can be stored on the C drive. Hard drives are automatically scanned daily and all personal documents are deleted. Protect your info by regularly using your flash drive to store your info. Use it or lose it! :)

### **Stop by and use the Lab to practice!**

The Computer Lab is available for you to use when there is not a class in session. The more you use the computer the easier it becomes! Please no cell phones, or food and drink in the lab. Thanks!

### **Computer Lab Printer Usage:**

To help offset the rising cost of ink & paper, we are now charging 15 cents per page for the black and white printer.

### **We are in need of Volunteer Computer Instructors & Coaches**

**2 - 4 hours per month to teach**

**any of the following classes to your peers:**

- ◆ Microsoft Word
- ◆ Email Basics
- ◆ Introduction to Computers
- ◆ How to use a Flash Drive
- ◆ Windows 7
- ◆ Navigation & Organization
- ◆ Internet Basics

Easy to follow instructions for each class. Select the date and time that best suites you for each month. Sit in on a class with Wendy to see how easy, fun, and rewarding it can be to teach and make a difference for so many!

Contact Wendy for Details 203-315-0687

# Canoe Brook Calendar February 2012 Special Events & Activities

| Sun | Mon                                     | Tue   | Wed   | Thu  | Fri  | Sat                             |
|-----|---|---|---|--|--|---------------------------------|
|     |   |   | 1   | 2 10:00 "Fingerless"<br>Gloves to Knit   | 3 9:00 Stay Sharp<br>11:00 Heart talk                  | 4 4:30<br><u>Trip:</u><br>UCONN |
| 5   | 6                                       | 7 10:00 Internet basics   | 8   | 9 8:30 <u>Trip:</u> Xmas shop<br>10:00 Fingerless gloves                                 | 10 9:00 Stay Sharp<br>12:00 lunch/movie                | 11                              |
| 12  | 13 12:30 " <i>Lilies of the field</i> " | 14 9:30 SALT meeting<br>12:30 <i>Stormy Weather</i> "                           | 15 11:45 <u>Trip:</u> Sprague<br>1:30 Hot Topics<br>2:00 Email Basics | 16 10:00 Ruffle scarf<br>2:00 Email basics   | 17 12:30 FREE<br>Energy Bingo                          | 18                              |
| 19  | 20 Closed for<br>President's Day        | 21 No Yoga classes<br>10:00 Internet (snow)<br>1:30 Book Club                   | 22 10:30 <u>Trip:</u> Museum  | 23 8:30 <u>Trip:</u> Walmart<br>10:00 Ruffle scarf<br>12:30 <u>Movie</u> <i>The Help</i> | 24 12:00 Lunch with<br>2 piece band<br>2:00 Email/snow | 25                              |
| 26  | 27 2:00 BMT<br>Fundraiser Meeting       | 28 9:00 Newcomers bfst<br>12:30 <i>Cabin in the sky</i><br>2:00 USB Flash drive | 29 12:00 Leap Day Lunch<br>& Karaoke Celebration                      |  |  |                                 |

## Schedule of Daily Activities

### MONDAY

7:10 A.M. \*Swimming  
8:10 A.M. \*Aerobics  
9:00 A.M. Wii Bowling  
9:00 A.M. Pinochle  
12:00 noon Lunch  
12:30 P.M. Bridge  
12:30 P.M. Bingo  
1:00 P.M. Scrabble

### TUESDAY

7:10 A.M. \*Swimming  
9:00 A.M. \*Yoga Beginner  
9:30 A.M. Tai Chi Ch'uan  
10:00 A.M. \*Yoga Advanced  
12:00 P.M. Lunch  
2:30 P.M. Beginner Tai Chi  
3:00 P.M. Bocce (weather permitting)

### WEDNESDAY

7:10 A.M. \*Swimming  
8:10 A.M. \*Aerobics  
9:00 A.M. Wii Tennis  
12:00 PM. Lunch  
12:30 P.M. Cards

### THURSDAY

7:10 A.M. \*Swimming  
8:30 A.M. Wii Golf  
9:30 A.M. Knitting  
9:00 A.M. \*Yoga Inter.  
10:00 A.M. \*Yoga New Beg.  
10:00 A.M. Dominoes  
11:00 A.M. Jin Shin Jyutsu  
12:00 P.M. Lunch  
12:30 P.M. Mah Jongg  
12:30 P.M. +Art Class  
2:30 P.M. \*Tai Chi

### FRIDAY

7:10 A.M. \*Swimming  
8:10 A.M. \*Zumba Gold  
9:30 A.M. Poker  
10:00 A.M. Setback card game  
10:00 A.M. \*Tap Dance Class  
12:30 P.M. +Duplicate Bridge  
1:30 P.M. Line Dancing Class  
2:00 P.M. Chess Club  
3:00 P.M. Bocce-weather permitting

**Looking for some fun? Join us in a game of .....**

**Wii Bowling** on Mondays at 9 a.m. **Wii Tennis** on Wednesdays at 9 a.m. **Wii Golf** on Thursdays at 8:30 a.m.

**Pool** - There are two regulation size pool tables located in the Waverly Room.

**Bocci** on Wednesdays at 1:00 p.m. Check with the office for availability of the court on other days.

**All activities marked with a \* involve a \$24 Fitness Fee; those with a + involve a \$15 Activity Fee-- both are payable once every 6 months and cover January - June 2012 and July - December 2012. What a deal! The fees are due now.**

**Make checks payable to: Canoe Brook, Town of Branford**

**Participation:** You must be a Branford resident age 60+, independent, and oriented. Stop by the front desk to register. Participation fees are \$ 8. per year. Some activities also have a \$15 activity fee or a fitness fee of \$24 (payable twice a year).