

SCHEDULE OF WEEKLY ACTIVITIES Winter 2010

All Day Billiards (Waverly Room)
All Day Puzzle (Waverly Room)
All Day Bocci (In front of Building)
All Day Computer Lab (When there is no class in session)
7:10 am *Swimming (Intermediate School)
Noon Lunch (Totokett Room) for reservations call 203-315-0685.
Menu posted at the Center and on our website.

MONDAY

8:10 A.M. * Aerobics (Totokett Room)
9:00 A.M. Wii Bowling (Totokett Room)
9:00 A.M. Pinochle - New players are welcome
12:30 P.M. Bridge (Montowese Room)
1:00 P.M. Scrabble (Sliney Room)
1:00 P.M. Bingo (Totokett Room)

TUESDAY

9:00 A.M. * Yoga - Beginners (Sliney Room)-waiting list **No class 2/16**
10:00 A.M. * Yoga - Advanced (Sliney Room)-waiting list **No class 2/16**

WEDNESDAY

8:10 A.M. * Aerobics (Totokett Room)
9:00 A.M. Wii Tennis (Totokett Room)
12:30 P.M. Cards (Sliney Room)
3:00 P.M. Bocci (in front yard weather permitting)

THURSDAY

8:30 A.M. Wii Golf (Totokett Room)
9:30 A.M. Knitting (Montowese Room)
9:00 A.M. * Yoga - Intermediate (Sliney Room) - waiting list **No class 2/18**
10:00 A.M. * Yoga - New Beginner (Sliney Room) - waiting list **No class 2/18**
10:00 A.M. Dominoes (Montowese)
12:00 P.M. Mah Jongg (Sliney Room)
12:30 P.M. + Art Class (Montowese Room)
2:30 P.M. * Tai Chi (Totokett Room) -waiting list

FRIDAY

8:10 A.M. * Zumba (Totokett Room)
9:30 A.M. Poker (Waverly/Totokett) New players are welcome
10:00 A.M. Setback card game (Montowese Room)
10:00A.M. * Silver Tappers of Branford—A tap dancing group for men and women (Totokett Room)
12:30 P.M. + Duplicate Bridge (Montowese Room)
1:30 P.M. Line Dancing Class (Totokett Room)

Looking for some fun? Join us in a game of

Wii Bowling on Mondays at 9 a.m. **Wii Tennis or Archery** on Wednesdays at 9 a.m. **Wii Golf** on Thursdays at 8:30 a.m.

Pool - There are two regulation size pool tables located in the Waverly Room.

Mah jongg - Crack! Bam! Dot! Winds & Dragons! A game of Chinese origin usually played by four people with tiles. We are looking for beginners and experienced players to play on Thursdays at noon.

Bocci on Wednesdays at 1:00 p.m. Check with the office for availability of the court on other days.

All activities marked with a * involve a \$24 Fitness Fee; those with a + involve a \$15 Activity Fee-- both are payable once every 6 months and cover January - June 2010 and July - December 2010. What a deal! The fees are due now.

Make checks payable to: Canoe Brook - Town of Branford

Membership: You must be a Branford resident age 60+, independent, and oriented. Please stop by the front desk to complete a membership application. Dues are \$ 5. per year.

www.branford-ct.gov
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