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Adult Medication Evaluation and Management Program

If it is deemed appropriate, Branford Counseling & Community Services ("BCCS") offers our clients medication evaluation and on-going medication maintenance appointments with a licensed prescribing practitioner ("Prescriber"), either an MD or APRN, for adults ages 18 and over who are actively participating in psychotherapy at BCCS. If a client chooses to receive medication from a Prescriber at BCCS, they must comply with the stipulations outlined in the Prescribed Medication Policy and Agreement.

Process:

Once you have been assigned to a Clinician, you and your clinician can discuss the option of medication as an adjunct to your psychotherapy. If you choose to move forward, you will be scheduled for a Medical Evaluation with a Prescriber.

Initial Medication Evaluation:

The initial medication evaluation is scheduled for 60 minutes. During that time, the Prescriber will review symptoms, medical issues, medication history, allergies, family history, and any other pertinent questions to develop a full understanding of how the problems affect you.

Ongoing Medication Management:

Follow-up medication management appointments are scheduled for 30 minutes. Regularly scheduled follow-up medication management appointments are essential for you and the Prescriber to review how the medication is working, assess your symptoms, and discuss your treatment. Your Prescriber will be working collaboratively with you and your Clinician.

Additional Information:

- Seven (7) days' notice is required for refills. Your refill request cannot be processed without proper advance notice, as our Prescribers are only part-time.
- Clients are only eligible to receive medication management as long as they are actively engaged in psychotherapy at BCCS.
- Excessive cancellations or no-shows of medication appointments will result in termination from the medication management program.
- If you are more than 15 minutes late for a medication management appointment, your appointment will be cancelled and rescheduled for a later date.