



Canoe Brook Café

August 2022 Menu



*Reservation required. Call Maureen at 203-315-0685
no later than noon the day before you would like to come.*

Suggested donation: \$3.00, Guests \$6.00

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Confetti Rice Spinach Mixed Fruit	Beef w/ gravy Bow Tie Pasta Green Beans Pears	Chicken soup Spinach quiche Tater Tots Applesauce	Greek Chicken Orzo Spinach Salad Pound Cake	Beef Taco Cheese & Lettuce Black Bean Salad Pineapple
8	9	10	11	12
Herbed Chicken Whipped Potatoes Mixed Veggies Brownie	Cheeseburger French Fries Broccoli Fruit	Veg Barley Soup Chef Salad 3-Bean Salad Pears	Baked Ziti Tossed Salad Garlic Bread Fruit	BBQ Chicken Baked Beans Cauliflower Mandarin Oranges
15	16	17	18	19
Chicken Paprika Confetti Rice Veggies Applesauce	Potato Crusted Fish Sweet Potatoes Broccoli Peaches	Pork Loin w Gravy Whipped Potatoes Mixed Veggies Choc Chip Cookie	Chicken Parmesan Penne Tossed Salad Fruit	Salisbury Steak Lentil Soup Carrots Pears
22	23	24	25	26
Spaghetti Meatballs Caesar Salad Breadstick	Turkey Breast Gravy Sweet Potatoes Biscuit	Chili w Beans Brown Rice Carrots Cornbread	Tuna Salad Vegetable Orzo Soup Broccoli Salad	Sweet & Sour Pork Yellow Rice Asian Veggies Fruit Gelatin
29	30	31		
Cheeseburger Baked Beans Carrots Fruit	Cheese Ravioli Marinara Sauce Tossed Salad Garlic Bread Applesauce	Fish Sticks Rice Pilaf Broccoli Choc Pudding		

Painting by:
Maureen
Wilkinson