



# Canoe Brook Café

## February 2024

### Menu

*Suggested donation \$3 Nutrition for mind, body & spirit*

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			<b>1</b>	<b>2</b>
			Vegetable Orzo Soup Meatloaf w/ gravy Cabbage Dinner Rolls Pineapple Tidbits	Ravioli w/ Sauce Green Peas w/ peppers Carrots Italian Bread Oatmeal Cookie
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Beef/Chicken Meatballs Brown Gravy Whipped Potato Mixed Vegetable Rye Bread Diced Peaches	Sweet & Sour Chicken Rice Pilaf Green Beans White Bread Mandarin Oranges	Pork Roast w/ Gravy Mashed Yams Zucchini Dinner Roll Fresh Fruit	Tomato Soup Turkey Tetrazzini Carrots Italian Bread Applesauce	Cheese Omelet Tater Tots Mixed Greens Wheat Bread Chocolate Chip Cookie Fruit Juice
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Honey Mustard Pork Brown Rice Lima Beans Wheat Bread Pineapple Tidbits	Meatloaf w/ Gravy Mashed Potatoes Green Beans Dinner Roll Vanilla Pudding Fruit Juice	Mushroom Soup Chicken Parmesan Spinach Italian Bread Mandarin Oranges	Sweet/Sour Meatballs Mashed Potatoes Sliced Carrots Wheat Roll Vanilla Pudding Assorted Fruit	Vegetarian Chili Corn O' Brien Broccoli Cornbread Muffin Diced Pears
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>CLOSED</b> <b>Presidents</b> <b>Day</b>	Turkey w/ Gravy Mashed Yams Lima Beans Dinner Roll Applesauce	General Tso's Chicken Brown Rice Broccoli White Bread Oatmeal Cookie Fruit Juice	Navy Bean Soup BBQ Pork Corn O' Brien Dinner Roll Fresh Fruit	Mac & Cheese Pinto Beans Mixed Greens Cornbread Muffin Mandarin Oranges
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	
Chicken Quarter Baked Sweet Potatoes Cabbage Dinner Roll Diced Peaches	Cheese Baked Ziti Carrots Spinach Italian Bread Pineapple Tidbits	Hamburger w/Cheese Roasted Potatoes Corn Mandarin Oranges	Crust less Turkey Pot Pie Brown Rice Green Beans White Bread Fresh Fruit	<b>MENU</b> <b>SUBJECT TO</b> <b>CHANGE</b> <b>BASED ON</b> <b>AVAILABILITY</b>