



# Canoe Brook Café

## January 2023 Menu



*Reservation required. Call Maureen at 203-315-0685  
no later than noon the day before you would like to come.*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>CLOSED</b> <i>Happy New Year!</i>	Chicken Florentine Bow tie pasta Green beans Mandarin	Pork Roast Yams Collard Greens Fruit	Lasagna roll Mushroom soup Mixed vegs Applesauce	Cheese quiche Tater tots Spinach Sugar cookie
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Sweet& Sour pork Confetti rice Green beans Pineapple	Meatloaf Gravy Mashed potatoes Applesauce	Chicken Parmesan Penne Spinach Vanilla pudding	BBQ chicken Collard greens Corn & okra Oatmeal cookie	Vegetarian chili Peas Mixed vegs Pears
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>CLOSED</b>	Turkey w gravy Mashed potatoes Green beans Applesauce	Chicken Piccata Orzo Carrots Sugar Cookie	BBQ pork Veg barley soup Mixed greens Fruit	Spanish rice Pinto beans Broccoli Mandarin
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Herbed chicken Baked sweet potato Veg blend Pineapple	Ziti Broccoli Carrots Peaches	Hamburger Baked beans Cauliflower Vanilla pudding	Stir fry Chicken Lentil soup Green beans Fruit	Spinach quiche Paprika potatoes Stewed tomatoes Mandarin
<b>30</b>	<b>31</b>			
Glazed ham Whipped potatoes Veg blend Applesauce	Teriyaki chicken Brown rice Green beans Pears			