

Canoe Brook Café

July 2023 Menu

*Reservation required. Call Maureen at 203-315-0685
no later than noon the day before you would like to come.*

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Hot Dog Chili Steak fries Vanilla pudding	CLOSED! HAPPY 4th OF JULY!!! 	Baked ziti Salad Green beans Applesauce	Veg. orzo soup Chef salad Kidney beans Pears	Cheese omelet Tater Tots Stewed tomatoes Fruit
10	11	12	13	14
Chicken Paprika Brown rice Corn Fruit	Potato-crusted pollock Sweet potatoes Peas Peaches	Pork roast Whipped pota- toes Mixed vegs Cookie	Eggplant parm Minestrone soup Penne Fruit	Chicken Cordon Bleu Rice Pilaf Green beans Pudding
17	18	19	20	21
Spaghetti & meatballs Peas Italian bread Fruit	Turkey breast Gravy Whipped pota- toes Mixed vegs Mandarin	Beef chili w/ beans Brown rice Carrots Pineapple	Tuna salad Veg. orzo soup Dinner roll Peaches	Sweet & sour pork Brown rice Veg blend Gelatin
24	25	26	27	28
Cheeseburger Baked beans Carrots Mandarin	Cheese ravioli Veg blend Mixed greens Fruit	Honey mustard pork loin Rice Pilaf Broccoli Pudding	Chicken Cae- sar salad Florentine soup Chickpea salad Fruit	Meatloaf w/ gravy Whipped pota- toes Cabbage Pears
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Herbed chicken Cheese potatoes Spinach Fruit			Suggested Donation: \$3 Guests: \$6	