

LifeBridge Congregate Menu

J U N E
2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3		4		5		6	
Sweet & Sour Beef/Chicken Meatballs	6 ea	Chicken Parmesan	3 oz	Turkey Sloppy Joe	3 oz	Cheese Ravioli w/Pesto	8 ea	Corn Chowder	6 oz
Brown Confetti Rice	½ c	Penne Pasta	½ c	Potato Tots	½ c	Cream Sauce		SW Chicken Salad	
Broccoli	½ c	Tossed Salad	½ c	Cabbage	½ c	Green Peas	½ c	(Lettuce, Tomatoes, Black Beans, Chicken, Cheddar Cheese)	1 ½ c
Wheat Bread	1 slc	White Bread	1 slc	WG Hamburger Bun	1 ea	Capri Vegetables	½ c	Flour Tortilla	1 ea
Diced Pears	½ c	Chocolate Fudge	1 ea	Fresh Fruit	1 ea	WG Dinner Roll	1 ea	Fresh Fruit	1 ea
Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Pineapple Tidbits	½ c	Milk	8 oz
Margarine	1 tsp	Milk	8 oz	Ketchup	1 ea	Milk	8 oz	Margarine	1 tsp
		Margarine	1 tsp			Margarine	1 tsp	Ranch Dressing	2 pkt
		Italian Dressing	1 pkt					Saltine Crackers	1 pkt
9		10		11		12 - Fathers Day Special		13	
Cheese Baked Ziti	1 c	Beef Burgundy	3/4 c	BBQ Shredded Pork	3 oz	Sausage w/ Onions & Peppers	3 oz	General Tso's Breaded Chicken	3 oz
Green Peas	½ c	Whipped Potatoes	½ c	Baked Pinto Beans	½ c	Oven Roasted Carrots	1 ea	Brown Confetti Rice	½ c
Italian Vegetables	½ c	Cabbage	½ c	Tossed Salad	½ c	Hot Dog Bun	1 ea	Broccoli	½ c
Italian Bread	1 slc	WG Dinner Roll	1 ea	WG Hamburger Bun	1 ea	Oatmeal Crème	1 ea	Rye Bread	1 slc
Pineapple	½ c	Applesauce	½ c	Fresh Baked Cookie	1 ea	Assorted Fruit Juice	4 oz	Mixed Fruit	½ c
Milk	8 oz	Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz
Margarine	1 tsp	Margarine	1 tsp	Margarine	1 tsp			Margarine	1 tsp
		Italian Dressing	1 pkt	Italian Dressing	1 pkt				
16		17		18		19		20	
Stuffed Shells w/Tomato Basil Sauce	2 ea	Roasted Chicken Leg Quarter	1 ea	Cream of Broccoli Soup	6 oz	No Lunch		Potato Crusted Pollock	1 ea
Green Peas	½ c	Scalloped Potatoes	½ c	Chef Salad (Lettuce, Tomatoes, Carrots, Ham, Turkey ,Egg, Cheddar Cheese)	1 ½ c			Crinkle Cut Fries	½ c
Tuscany Vegetables	½ c	Tossed Salad	½ c	WG Dinner Roll	1 ea			Green Beans	½ c
Italian Bread	1 slc	Rye Bread	1 slc	Fresh Baked Cookie	1 ea			WG Hamburger Bun	1 ea
Fresh Fruit	1 ea	Applesauce	½ c	Assorted Fruit Juice	4 oz			Mandarin oranges	½ c
Milk	8 oz	Milk	8 oz	Milk	8 oz			Milk	8 oz
Margarine	1 tsp	Margarine	1 tsp	Margarine	1 tsp		Margarine	1 tsp	
		Italian Dressing	1 pkt	Ranch Dressing	2 pkt				
				Saltine Crackers	1 pkt				
23		24		25		26		27	
Swiss Steak w/Gravy	3 oz	Maple Mustard Pork	3 oz	Vegetable Orzo Soup	6 oz	Hamburger Patty	1 ea	Macaroni & Cheese	1 c
Confetti Brown Rice	½ c	Baked Sweet Potato	½ c	Lemon Scarpriello	3 oz	Swiss Cheese	1 slc	Baked Pinto Beans	½ c
Mixed Vegetables	½ c	Tossed Salad	½ c	Chicken Thigh		Oven Roasted Carrots	½ c	Sauteed Mixed Greens	½ c
WG Dinner Roll	1 ea	Wheat Bread	1 slc	Spring Vegetables	½ c	WG Hamburger Bun	1 ea	Cornbread Muffin	1 ea
Diced Peaches	½ c	Applesauce	½ c	Italian Bread	1 slc	Fresh Baked Cookie	1 ea	Diced Pears	½ c
Milk	8 oz	Milk	8 oz	Fresh Fruit	1 ea	Assorted Fruit Juice	4 oz	Milk	8 oz
Margarine	1 tsp	Margarine	1 tsp	Milk	8 oz	Milk	8 oz	Margarine	1 tsp
		Ranch Dressing	1 pkt	Margarine	1 tsp	Ketchup	1 pkt		
				Saltine Crackers	1 pkt				
30									
BBQ Pork Rib Patty	1 ea	 TRIO Community Meals Nourishment through compassionate care.							
Corn O'Brien	½ c								
Green Beans	½ c								
WG Hamburger Bun	1 ea								
Fresh Fruit	1 ea								
Milk	8 oz								
Margarine	1 tsp								