

Canoe Brook Café



May 2024 Menu

Nutrition for mind, body and spirit

Suggested donation \$3

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Reservations Call Maureen 203-315-0685 Monday – Friday By noon, at least one day in advance		BBQ Pork Baked Beans Beet Salad Cornbread Muffin Fresh Fruit Milk	Marsala Chicken Thigh Penne Pasta Tossed Salad Italian Bread Mandarin Oranges Milk	Cream of Mushroom Soup Beef Fiesta Macaroni & Cheese Broccoli Wheat Bread Fresh Fruit
6	7	8	9	10
Roasted Chicken Leg Scalloped Potatoes California Vegetable Blend Dinner Roll Applesauce Milk	American Chop Suey Green Peas Tuscany Vegetable Blend Rye Bread Mandarin Oranges 8oz Milk	Maple Mustard Pork Stuffing Tossed Salad Dinner Roll Fresh Fruit Milk	<i>Mother's Day</i> Cheese Quiche Potato Tots Garlic Spinach Wheat Bread Pound Cake Fruit Juice	Beef Vegetable Stir-Fry White Rice Glazed Carrots Wheat Bread Pineapple Tidbits Milk
13	14	15	16	17
Swiss Steak w/ Gravy Whipped Potatoes Vegetable Blend Rye Bread Diced Peaches Milk	Vegetable Soup Macaroni & Cheese Cauliflower Italian Bread Applesauce Milk	Cacciatore Chicken Thigh Penne Pasta Mixed Greens Dinner Roll Fresh Fruit Milk	BBQ Hamburger Macaroni Salad Sliced Carrots Hamburger Bun Fudge Cookie Fruit Juice	Ginger Honey Pork Brown Rice Green Beans w/ Red Peppers Wheat Bread Pineapple Tidbits Milk
20	21	22	23	24
BBQ Pork Rib Patty Corn O' Brien Mixed Greens Hamburger Bun Fresh Fruit Milk	Taco Meat Spanish Rice Lettuce & Tomato Flour Tortilla Pineapple Milk Sour Cream	Grilled Chicken Romaine Lettuce Parmesan Cheese Caesar Dressing Garbanzo Bean Salad Italian Bread Fresh Fruit Milk	<u>Memorial Day</u> <u>Special</u> Frankfurter w/Chili Potato Salad Cucumber Salad Hot Dog Bun Fruited Gelatin Milk	Turkey Tetrizzini Lima Beans Carrots White Bread Brownie Fruit Juice Milk
27	28	29	30	31
Closed Memorial Day	Balsamic Chicken Cilantro Lime Rice Zucchini Rye Bread Oatmeal Cookie Assorted Juice Milk	Turkey Breast- Gravy Whipped Redskin Potato Coleslaw Dinner Roll Fresh Fruit Milk	Corn Chowder Ham, Broccoli & Cheese Casserole Vegetable Blend White Bread Pineapple Tidbits Milk	Beef/Chicken Sweet & Sour Meatballs Brown Rice Green Peas Wheat Bread Fresh Fruit Milk