

Canoe Brook Café

May 2023 Menu

*Reservation required. Call Maureen at 203-315-0685
no later than noon the day before you would like to come.*

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Honey/ginger chicken Clinatro rice Rye bread Pineapple	Pork w/gravy Whipped potatoes Broccoli Choc Chip cookie	Eggplant parmesan Penne Spinach Fruit	Salisbury steak Tomato soup Mashed potatoes Applesauce	Turkey pot pie Brown rice Zucchini Peaches
8	9	10	11	12
Chicken Rice pilaf Veg blend Wheat roll Applesauce	Meatloaf w/gravy Whipped potatoes Green beans Fruit	Potato crusted Pollock White rice Spinach Sugar cookie	BBQ Pork roast Yams Broccoli Corn muffin Peaches	Quiche Home fries Carrots Strawberry shortcake
15	16	17	18	19
Meatloaf w/ gravy Whipped potatoes Mixed vegs Peaches	Omelet Red Potatoes Stewed tomatoes Multigrain bread Pineapple	Hamburger Steak Fries Applesauce Chocolate chip cookie	Chicken Par- mesan Penne Minestrone soup Fruit	Sweet & sour pork Veg Lo Mein Broccoli Wheat bread Fruit
22	23	24	25	26
Spaghetti & meatballs Green beans Breadstick Fruit	BBQ Pork rib patty Corn O'Brian Collard greens Pears	Chicken Caesar salad Three bean salad Bread Fruit	Turkey ala King White rice Zucchini Pineapple	Spinach Quiche Potato tots Peppers & On- ions Vanilla Pudding
29	30	31		
Pollock nug- gets Confetti rice Green beans Brownie	Beef & bean chili Lima Beans Mixed Veggies Pears	Pork Loin Garlic whipped potatoes Fruit	Suggested Donation: \$3 Guests: \$6	