



Canoe Brook Café

November 2022 Menu

Reservation required. Call Maureen at 203-315-0685 no later than noon the day before you would like to come.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Chicken Tenders Baked Beans Green Beans Mandarin	BBQ Pork Riblet Potatoes Mixed Veggies Peaches	Chicken Cr of Broccoli Soup Corn Fruit	Lasagna Broccoli Cauliflower Choc Chip Cookie
7	8	9	10	11
Meatloaf Gravy Mashed Potatoes Peas Peaches	Beef & Bean Chili Rice Pilaf Zucchini Fruit	Dijon Chicken Bowtie Pasta Veg Blend Mandarin	Chicken Veg Soup Ravioli Applesauce	CANOE BROOK CENTER CLOSED IN HONOR OF VETERANS DAY
14	15	16	17	18
Sweet/Sour Pork Veg Lo Mein Asian Veggies Pound Cake	Salisbury Steak Confetti Rice Cauliflower Applesauce	Fish Nuggets Mac & Cheese Mixed Veggies Diced Pears	Herbed Chicken Veg Barley Soup Fruit	Ziti Carrots Green Beans Fruit
21	22	23	24	25
Spaghetti & Meatballs Zucchini Fruit	Lemon Dill-Chicken Orzo Pilaf Peas Pineapple	Thanksgiving Special! Turkey Stuffing Green Beans Pumpkin Pie		
28	29	30		
Apple Glazed Chicken Sweet Potato Veg Blend	Cheese Omelet Home Fries Broccoli Fruit	Cheeseburger Steak Fries Green Beans Fruit	<p>Watch your email for newsletter addendum with December's menu.</p>	