


Canoe Brook Café

September 2022 Menu

*Reservation required. Call Maureen at 203-315-0685
no later than noon the day before you would like to come.*

Suggested donation: \$3.00, Guests \$6.00

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
<i>Watch your email for news-letter addendum with October's menu.</i>			Chicken Salad Breadstick Fruit	Meatloaf Whip Potatoes Florentine Soup Orange
5	6	7	8	9
CLOSED HAPPY LABOR DAY!	Labor Day Special! Hot Dog Potato Salad Sugar Cookie	Chicken Soup Spinach Quiche Tater Tots Applesauce	Greek Chicken Orzo Spinach Salad Pound Cake	Beef Tacos Bean Corn Salad Tortilla Chips Pineapple
12	13	14	15	16
Herbed Chicken Whip Potatoes Mixed Veggies Brownie	Cheeseburger French Fries Broccoli Fruit	Veg Barley Soup Chef Salad 3 Bean Salad Pears	Baked Ziti Tossed Salad Garlic Bread Fruit	BBQ Chicken Baked Beans Cauliflower Orange
19	20	21	22	23
Chicken Paprika Confetti Rice Veggies Applesauce	Potato-crust Fish Sweet Potatoes Broccoli	Pork Loin Whip Potatoes Mixed Veggies Choc Chip Cookie	Chicken Parm Penne Salad Fruit	Salisbury Steak Lentil Soup Carrots Pears
26	27	28	29	30
Spaghetti Meatballs Caesar Salad Fruit	Turkey w Gravy Sweet Potatoes Mixed Veggies Orange	Chili w Beans Brown Rice Carrots Fruit	Tuna Salad Orzo Soup Broccoli Salad Applesauce	Sweet & Sour Chicken Yellow Rice Asian Veggies